

What is Self Help Group?

Self Help Groups (SHGs) are small groups of poor people. 10 to 20 women from rural poor families, of similar socio-economic status, with overall similar difficulties, living in the same neighborhood and together for a common goal of coming out of poverty through unity, trust, understanding, resilience, self-help and shared effort. They help each other, to solve their problems. SHGs promote small savings among their members. The savings are kept with the bank. The SHG gives small loans to its members from the Revolving Fund.

Who can join a self-help group?

Those living in a rural area, having the same living conditions, having the same resource for livelihood, having same community those people can formed a group and join together as a members.

Structure and formation of the self-help group

1. In general 10-20 members will join the Self Help Group.
2. There are no need to do any legal process.
3. From one family only one member can join the Self Help Group.
4. The purpose of the formation of the SHGs is to empower the women.
5. Meeting of the SHGs are conducting on regular basis (for better understanding among the members meeting can be held on week basis).
6. Focus on regular attendance of all the members of SHG and the leadership role should be given on rolling basis.
7. Members should have trust, understanding, and faith for each other.
8. Priority should be given to the needy member of the group for Revolving Fund.

How a Self-Help Groups work?

Simple rules for working a Self-Help Groups are below:

1. Make rules for hold meeting with agreement of all the members of the group.
2. Make Rules for the time and place of meetings.
3. All group member will decide an amount of penalty for those member who not attend regular meetings.
4. Make rules for as saving amount by the group members.
5. Make rules for internal lending.
6. Make rules for bank loan and repayment etc.